

Name	Dr.S. THERESAMMAL
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Designation	Associate Professor
Year of Joining	08.10.2007
Specialization	Political and Social History
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Seminars/Workshops/FDP/ Conferences/Webinars/Online Courses

Title of the Workshop/ Seminar/ FDP	Type	Paper Presented/ Participated	Title of the Paper	Organized By	Date
Tracing the Tides: History & Archaeology Of the Chola Maritime Power	International Webinar	Participated	-	Department of Tamil and PG & Research Department of History, St. Mary's College (Autonomous), Thoothukudi in collaboration with International Association of Tamil Research, Malaysia	03.04.2025
Tamil-Sinhalese Relations in History : From Sinhalese inscriptions	International Seminar	Participated	-	Dept. of History, G.T.N Arts College (Autonomous) Dindigal	27.08.24
International Research Methodology Workshop	International Conference	Participated	-	RC 25: Sociology of Sports, Indian Sociological Society, New Delhi & Department of History Providence College for Women, The	23.07.2024 – 27.07.2024

				Nilgiris in Collaboration with Standard College, Manipur & Department of History, St. Mary's College (Autonomous) Thoothukudi, Department of Economics, Kamaraj College, Thoothukudi & Department of History, Govt. Arts College, Rasipuram	
Farming and Floral Foot Prints - Tracing Interwoven Historical and Botanical Heritage	National Seminar	Participated	-	Department of Botany in association with PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	27.03.2024
Role of Women in Enculturation Trajectories	National Seminar	Organising Secretary	-	PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	23.02.2024
Navigating Consultancy, Filing Patent and Designing Research Article; Insights and Strategies	National Seminar	Participated	-	Marian Research Forum and IQAC, St.Mary's College (Autonomous), Thoothukudi	20.01.2024

Enduring Legacy of the Indian Constitution	National Seminar	Convenor	-	PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	30.11.2023
Artificial Intelligence [AI] tools for Education with Special Reference to Chat GPT,GPT4 and LAMMA	National Seminar	Participated	-	Library Committee and IIC, St.Mary's College (Autonomous), Thoothukudi	11.08.2023
Conference on Ethic in History and Research	International Conference	Coordinator	-	PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	15.03.2023
"Memorialize the sacrifices of the Patriots to trail through the 75 years of stronger India"	National Webinar	Participated	-	P.G & Research Centre of History, Jayaraj Annapackiam College for Women (Autonomous) Periyakulam	03.11.2022
"Importance of IP in Scientific Research - An Overview"	International Webinar	Participated	-	Marian Research Forum, St.Mary's College(Autonomous), Thoothukudi	01.03 2022
"Situating Tamil Nadu in Freedom Movement: From Anti-Colonial to Nationalist Phase"	Webinar	Participated	-	Department of His Bharathidasan University, Tiruchirappalli	27.01. 2022
'Library without walls: E- Resources through NLIST'	Webinar	Participated	-	Library committee of the college	10.01.2022

Being an Effective History Teacher	Webinar	Participated	-	PG & Research Department of History, Lady Doak College, Madurai	07.01.2022
“Trajectories of a Nation Builder: A probe into the legacy of Nehruvian Socialism”	Webinar	Participated	-	Centre for Nehru Studies, Bharathidasan University, Tiruchirappalli	05.01.2022
Quality Research Proposal and Publications	Workshop	Participated	-	Marian Research Forum & Mathematics Research Forum St.Mary’s College(Autonomous), Thoothukudi	17.12. 2021
Keezhadium Tamilum	Webinar	Participated		St.Mary’s College (Autonomous), Thoothukudi	29.10.2021
Museology – The Primary Source of History	Webinar	Participated	-	St.Mary’s College (Autonomous), Thoothukudi	22.09.2021
V.O.C: The Valiant Hero	Webinar	Participated	-	St.Mary’s College (Autonomous), Thoothukudi	18.09.2021
Revisit, Remember and Recognize the Patriotic Heroines of Tamilnadu in Indian Independence	Lecture	Participated	-	St.Mary’s College (Autonomous), Thoothukudi	15.09.2021
Perspective on The Regional History of Tamil Nadu	FDP	Participated	-	Pachaiyappa’s College, Chennai	01.07.2021- 07.07.2021
The Pioneers of Social Reform and Political Awakening in South India	State Level Webinar	Participated	-	Sadakathullah Appa College (Autonomous), Palayamkottai	26.6.2021
Skill Requisites for a Successful Career	International Webinar Series	Participated	-	St.Mary’s College (Autonomous), Thoothukudi	24.6.2021 - 30.6.2021
Problems and Perspectives in Studying History	National Webinar	Participated	-	Payyanur College Payyanur	25.5.2021 - 28.5.2021

Pedagogy and research methods	FDP	Participated	-	AMET University, Chennai	24.5.2021 - 6.6.2021
Jallianwala Bagh Massacre	National Webinar	Participated	-	St.Mary's College(Autonomous), Thoothukudi	13.04.2021
Academic Visibility in the Digital World	National Webinar	Participated	-	Department of Library, St. Mary's College (Autonomous), Thoothukudi	12.02.2021
Societal Trends	National E-Conference	Participated & Presented	Justice Party: The Pioneer of Social Reforms in Tamil Nadu	Department of History, St. Mary's College (Autonomous), Thoothukudi	06.02.2021 - 07.02.2021

Role of Historian in Reconstruction of History	Webinar	Participated	-	Department of History Arumugampillai Seethai Ammal College, Tiruppathur	17.07.2020
Evolution of Dravidian Temple Architecture	Webinar	Participated	-	Department of History, St.Mary's College, Thoothukudi	10.07.2020
Gender Discrimination in Indian Politics on Human Rights Perspective	Webinar	Participated	-	St. Ignatius College of Education, Palayamkottai	26.06.2020
Tourism in Medieval South India	Webinar	Participated	-	Hajee Karutha Rowther Howdia College, Uthamapalayam	17.06.2020
An overview of E-Content Development	Webinar	Participated	-	Department of Visual Communication, St.Mary's College Thoothukudi	29.05.2020
Epigraphy and Art: Methods of Reconstructing History	Workshop	Participated	-	Annamalai University, Chidambaram	27.05.2020 - 31.05.2020
Evolution and Stylistic Aspects of Chola Architecture	Webinar	Participated	-	Department of History, G.T.N.College, Dindugul	23.05.2020
Effective Online Teaching Methodologies	Workshop	Participated	-	Kamaraj College Thoothukudi	18.05.2020 - 22.05.2020
Indian Epigraphy with Special Reference to Tamilnadu	Webinar	Participated	-	Department of History Alagappa University, Karaikudi	15.05.2020 - 17.05.2020.

Mental Health and Psychological Consideration during Lockdown	Workshop	Participated	-	St.Mary's College (Autonomous) Thoothukudi in association with Aadhi Foundation	13.05.2020 & 14.05.2020
Concerns, Complexities and Dialogues in Religious Philosophy	International Webinar	Participated	-	KAASH foundation in collaboration with ICHR, Delhi etc.	12.05.2020
Psychological First-Aid	Webinar	Participated	-	Department of Psychology St.Mary's College Thoothukudi	11.05.2020
Creating Websites	Workshop	Participated	-	V.O.Chidambaram College of Education, Thoothukudi	29.04.2020
Research Outcome: Technical Paper Writing, Research Proposal, Patent Filing	Webinar	Participated	-	Data Tech.ai.	22.04.2020
Research Methodology for Social Science	Webinar	Participated	-	Indian Academic Researchers Association, Tiruchirappalli	06.4.2020 - 12.04.2020
Artificial Intelligence In Agriculture	National	Participated	-	Department of Botany St. Mary's College (Autonomous) Thoothukudi	25.02.2020
New Approaches in History	UGC Sponsored Refresher Course	Participated	-	UGC HRDC Madurai Kamaraj University, Madurai	21.01.2020 - 03.02.2020
Women Empowerment and Women Entrepreneurship	International	Participated	-	Department of Economics St. Mary's College (Autonomous) Thoothukudi	09.12.2019

UGC Sponsored One Day National Seminar on “Rediscovery of the Life and Thoughts of Gandhi	National	Participated & Presented	Satyagraha – A Heroic Ideal of Gandhi	PG & Research Department of History Sadakathullah Appa College (Autonomous) Tirunelveli	10.10.2019
National Workshop on Writing Research Proposals for Funded Projects	National Workshop	Participated	-	Research Advisory Committee St. Mary’s College (Autonomous) Thoothukudi	14.09.2019
History Research Journal	UGC Care Listed International Indexed and Referred Journal	Presented	Position of Women In India: Historical Perspective	UGC Care List	August 2019
Creating Blog for Google Generation in the 2.0 World	State	Participated	-	Department of Library, St. Mary’s College (Autonomous) Thoothukudi	12.03.2019
Education & Social Changes in Present Scenario	National	Participated & Presented	Education: An Agent of Women Empowerment	Department of History, Kamaraj College Thoothukudi	26.07.2018
Socio-Religious Reform Movements in India	National	Participated	-	Department of History, Sarah Tucker College Tirunelveli	20.02.2018
Workshop on Guidance Programme to attend Competitive Examinations	State	Participated	-	Department of History, A.P.C Mahalaxmi College for Women Thoothukudi	29.01.2018

Seminar on Indo-African Cultural Interface	International	Participated	-	Department of History, St. Mary's College (Autonomous) Thoothukudi	02.08.2017
Concerns: An Interdisciplinary Dialogue in Applied Ethics	National	Participated	-	IQAC St. Mary's College (Autonomous) Thoothukudi	27.01.2017 - 28.01.2017
Socio Economic and Political Condition in Tamil Literature	International	Participated	-	Department of History St. Mary's College (Autonomous) Thoothukudi	12.01.2017
Social Justice Movement	National	Participated & Presented	Muthukutty Swamigal	Department of History V.O.C. College Thoothukudi	19.12.2016 & 20.12.2016
Human Rights	Regional	Participated	--	Department of History St. Mary's College (Autonomous) Thoothukudi	09.12.2016
Orientation for NSS	-	Participated	-	Empanelled Training Institution- National Service Scheme, Avinashilingam University, Coimbatore	20.09.2016 - 26.09.2016
Workshop on E – Content Development	-	Participated	-	St. Mary's College (Autonomous) Thoothukudi	11.04.2016 - 16.04.2016
Pazhanthamilar Valvum Varalarum	International	Participated	-	St. Mary's College (Autonomous) Thoothukudi	19.03.2016

Human rights	Regional	Participated	-	Department of History St.Mary's College (Autonomous) Thoothukudi	19.03.2015
Research Design in Social Science	National	Participated	-	Department of History St.Mary's College (Autonomous) Thoothukudi	18.03.2015
Recent trends and Prominent Themes in Historical Studies	Refresher Course	Participated	-	Academic Staff College, Madurai Kamaraj Univeristy, Madurai	23.12.2014 - 12.01.2015
Demo Moot Court	State	Participated	-	Department of History St.Mary's College (Autonomous) Thoothukudi	28.02.2014
Institutional Quality Improvement Role of Information and Communication Techonology	National	Participated	-	St.Mary's College (Autonomous) Thoothukudi	31.01.2014 - 01.02.2014
Research Methodology and Thesis Writing'	State	Participated	-	Sadakathullah Appa College (Autonomous) Palayamkottai	29.10.2013
XX Annual Session of Tamilnadu History Congress	National	Participated/ Presented	The spread of Catholicism	Department of History St.Mary's College (Autonomous) Thoothukudi	20.09.2013 - 22.09.2013

Papers Published

Paper Title	Author(s)	Journal / Proceedings	Year	Volume	Issue	Page No.
Swadeshi Steam Navigation Company – A Herald of Indian Independence	S.Theresammal	Shodak: A Journal of Historical Research – UGC Care Group 1 – Sr.No.381 (Arts and Humanities)	April 2023	53	01, ISSN 0302-9832	10-14
Historical Perspective of Agriculture in India after Independence	S.Theresammal	Gedrag & Organisatie Review, Scopus Publication	2022	35	Issue 3, ISSN 0921-5077	49-54
Swadeshi Movement in Tirunelveli District	S.Theresammal	Proceeding of ICHR sponsored One Day National Seminar on “Unsung Heroes in Thoothukudi District”	2022	9	3	55-59
Justice Party: The Pioneer of Social Reforms in Tamilnadu	S.Theresammal	Modern Tamizh Research Journal UGC Care Listed Group I	2021	12	1	118-124
Satyagraha – A Heroic Ideal of Gandhi	S.Theresammal	Proceedings of the UGC Sponsored One Day National Seminar on “Rediscovery of the Life and Thoughts of Gandhi	2019	-	-	42-46
Position of Women In India: Historical Perspective	S.Theresammal	History Research Journal UGC Care Listed International Indexed and Referred Journal	2019	5	4	ISSN 0976-5425 43-49
Education: An Agent of Women Empowerment	S.Theresammal	Proceeding of National Conference on ‘Education and Social Changes in Present Scenario’	2018	2	-	17-21

Congress Politics on Depressed Class people in Tamil Nadu	S. Theresammal	Indian Streams Research Journal	2017	7	3	55-59
Glimpses of War Norms in Sangam Age	S. Theresammal	Proceedings of the International seminar on 'Tamil Illakiyangalil Samuga Poruzhathara Aarasiyal Nilai'	2016	-	-	405-409
Status of Women during Sangam Age	S. Theresammal	Proceedings of the International Seminar on 'PazhanthamilarValumVaralarum'	2016	-	-	150-154
The spread of Catholicism	S. Theresammal	Proceedings of the XX Annual Session of Tamilnadu History Congress	2014	-	-	353-355

Others

- ★ Member of Human Rights Forum
- ★ Member of Discipline Committee
- ★ Member of Women's Cell
- ★ Member of Anti- Sexual Harassment Cell
- ★ Member of Anti – Ragging Cell
- ★ Coordinator of Certificate Courses
- ★ Member of Admission Committee
- ★ NSS Programme Officer
- ★ Member of Faculty Enrichment Forum
- ★ Member of Yoga and Meditation Club
- ★ In-charge of Road Safety Patrol
- ★ Member of Board of Studies M.S. University (Affiliated Colleges) PG -History
- ★ TNPSC Question Setter
- ★ PG - Question Paper Setter ,M.S. University, Tirunelveli
- ★ UG - Question Paper Setter , Government Art College(Autonomous),Salem